



Dare to Take the Challenge!

Blue Ridge Mountain Mudurance 5K Mud Race

Saturday, September 28th • 9:00 am
Ralph H. Dean Recreation Park

625 6th Street, Luray, Virginia
www.raceluraypage.com

Scenic, mountain course in the foothills of
Shenandoah National Park.

Lots of Mud • Free Parking

Obstacle and Challenge Race

Race T-Shirt • Race Patch

Chip Timing • Wave Times

Teams & Individual Runners Welcome!

Sponsored By:



Event Organized By:

Luray-Page County Chamber of Commerce

Blue Ridge Mountain Mudurance

5K Mud Race

Race Registration: Adults (ages 13 and older) Children (ages 8-12) May 1-31: ___ \$45/Adult ___ \$25/Child
 June 1-30: ___ \$50/Adult ___ \$30/Child July 1-31: ___ \$55/Adult ___ \$35/Child
 Aug 1-30: ___ \$60/Adult ___ \$40/Child Sept 1-26: ___ \$65/Adult ___ \$45/Child
 Race Day: Sept 27-28: ___ \$75/Adult ___ \$55/Child Desired Start Time: _____

10% discount for teams. Teams can be all men, all women, or mixed.
 Each team must have a team captain, team name, and between 4-10 people.
 Make checks payable to: L-PCCC or pay online at www.raceluraypage.com

Name: _____ Gender: M or F DOB: _____ Age: _____
 Address: _____
 (Street) (City) (State) (Zip)

Phone: _____ Email: _____
 Emergency Contact (cannot be another racer) – Name: _____
 Relationship: _____ Phone: _____

Team Name: _____ Team Captain: _____
 TC Email: _____ TC Phone: _____

Award Competing For: ___ Corporate Team ___ Police, Fire and Rescue Team ___ Kids Team ___ Overall Team

T-Shirt Size (please circle one): YS YM YL S M L XL 2XL (\$2 extra) 3XL (\$2 extra)

Is this your first time doing the race? ___ Yes ___ No

How did you hear about the event?

- ___ Word of Mouth ___ Facebook/Other Social Media ___ Radio
 ___ Newspaper ___ Flyers/Postcards/Banners ___ Race Website

Liability Waiver must be signed to participate in the Blue Ridge Mountain Mudurance.

I recognize that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of race officials relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including cold, snow, and/or ice, high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the organizers of the Luray-Page County Chamber of Commerce, Page Alliance for Community Action, its directors, officers, staff, volunteers and employees, all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. Further, I grant permission to all of the foregoing to use any photographs, motion pictures, recordings or any other record of this event for any legitimate purpose. For runners' safety, I understand that headsets, bicycles, scooters, and roller blades are prohibited. **I ALSO UNDERSTAND THAT THERE ARE NO REFUNDS FOR THIS EVENT AFTER AUGUST 31, 2019. I GIVE PERMISSION TO USE MY PHOTOGRAPH IN FUTURE RACE PROMOTIONS.**

_____ (Initials) I have read and accept the above waiver.

Signature of Participant:

_____ Date: _____
 (or parent or guardian if under 18)